Additional Community Resources

The listing below is only a brief sample of the resources available in Monterey County. Please ask your Monterey County Behavioral Health service provider regarding any resources you may need. They should be able to provide you with a referral or information about other available services.

Aging and Adult Services	831-883-7565
To report suspected cases of elder and dependent adult abuse/neglect	
http://www.co.monterey.ca.us/aaa/	
Alcohol and Drug Programs	831-755-4500
http://www.mtyhd.org/index.php/service-catalog/item/behavioral-	
health-drug-and-alcohol-services	
Alisal Family Health Center	831-769-8800
559 E. Alisal Suite 201, Salinas, CA 93905	
California Children's Services (CCS)	831-755-4747
Provides medical case management and funding for authorized diagnostic	
and treatment services for a variety of medical conditions.	
http://montereycountyhealth.org/index.php/service-catalog/hd-phb-	
svcs/item/california-children-s-services-ccs	
Catholic Charities	831-422-0759
To provide leadership and support for the work of local agencies in their	
efforts to reduce poverty, support families, and empower communities.	
http://catholiccharitiesusa.org/	
Central Coast Center for Independent Living (CCIL)	831-757-2968
CCCIL promotes the independence of people with disabilities by supporting	
their equal and full participation in life.	
http://www.cccil.org/	
Central Coast Suicide Prevention Hotline	877-663-5433
http://fsa-cc.org/suicide-prevention-service/	
Child Protective Services (CPS)	800-606-6618
To report suspected cases of abuse/neglect of children age 17 or under	831-755-4661
http://mcdss.co.monterey.ca.us/families/	
Coalition of Homeless Services Providers	(831) 883-3080
Martinez Hall, 220 12th Street, Marina, CA 93933	
To obtain information about services available to low-income and homeless	
individuals and families.	
http://www.chspmontereycounty.org/	
Family & Community Nutrition Programs	831-796-2888
formerly known as Women, Infants, and Children (WIC) Nutrition	
http://www.co.monterey.ca.us/wic/	
Food Bank/Housing Meals	831-758-1523
http://www.foodbankformontereycounty.org/	

Additional Community Resources [continued]

Monterey County Health Clinic at Marina,	831-384-1454
3155 De Forest Road, Marina, CA 93933	
http://www.mtyhd.org/index.php/locations/clinic-	
locations/item/monterey-county-health-clinic-at-marina	
Monterey County Rape Crisis Center	831-424-4357 Salinas
http://www.mtryrapecrisis.org/	831-375-4357 Monterey
National Alliance on Mental Illness (NAMI) – Monterey	831-375-6264
A resources for those dealing with mental health issues and for their	
families	
http://www.namimonterey.org/	
National Suicide Prevention Hotline	800-273-8255
http://www.suicidepreventionlifeline.org/	
Pajaro Wellness Center	831-800-7530
339 Pajaro St. Salinas, CA 93906	
Monterey County Libraries	Various locations
http://www.co.monterey.ca.us/library/	
Seaside Family Health Center,	831-899-8100
1150 Fremont Blvd., Seaside, CA 93955	
http://www.mtyhd.org/index.php/locations/clinic-	
locations/item/seaside-family-health-center	
St. James Christian Methodist Episcopal Church	831-422-3741
285 Calle Cebu St. Salinas, CA 93901	
http://stjamescme.org/	
United Way 2-1-1	2-1-1
Information on community resources	
http://www.unitedwaymcca.org/2-1-1	



Alcohol and Other Drug Programs (AOD) Resources

The listing below is only a brief sample of the AOD resources available in Monterey County. Please ask your Monterey County Behavioral Health service provider regarding any resources you may need. They should be able to provide you with a referral or information about other available services.

Alcoholics anonymous: http://www.alcoholics-anonymous.org Chemically Dependent Anonymous: http://www.cdaweb.org

Cocaine Anonymous: http://www.ca.org

Crystal Meth Anonymous: http://www.crystalmeth.org.

Heroin Anonymous: http://www.unhooked.com

LifeRing Secular Recovery: http://www.unhooked.com

Marijuana Anonymous: http://www.marijuana-anonymous.org
Methadone Anonymous: http://www.marijuana-anonymous.org

Narcotics anonymous: http://www.na.org

Secular Organizations for Sobriety/Save Ourselves: http://www.sossobriety.org

SMART Recovery: http://www.smartrecovery.org

Women for Sobriety: http://www.womenforsobriety.org

For People with Co-Occurring Disorders:

Double Trouble in Recovery: http://www.doubletroubleinrecovery.org

Dual Recovery Anonymous: http://www.dualrecovery.org

For Families, Friends, and Significant Others:

Al-Anon/Alateen http://www.al-anon.alateen.org

Co-Anon: http://www.co-anon.org

Families Anonymous: http://www.familiesanonymous.org

Nar-Anon: http://nar-anon.org
Faces and Voices of Recovery:

http://www.facesandvoicesofrecovery.org/resources/support home.php

Mutual Support Groups: What Everyone Needs to Know (webcast): http://ncadistore.samhsa.gov/catalog/mediaDetails.aspx?ID=266
Recovery Community Services Program: http://www.rcsp.samhsa.gov
Self-Help Group Sourcebook Online: http://mentalhelp.net/selfhelp