Viking Sports

Need Information? Go to Room 504 and see the Boys' & Girls' Athletic Director; (831) 796-7500 x2719



ARE YOU READY for 24-25?

FALL SPORTS begin August 9, 2024

Cheer--Coach Ceralde; (831) 229-3388 Cross Country--Coach Small; Room 202 Field Hockey--TBA Flag Football–Coach Hinton; Wellness Center Football--Coach Ceralde; Room 205 Girls' Tennis--Coach Witzig; Room 809 Girls' Volleyball--Coach Barrera; (831) 809-9756

WINTER SPORTS begin Monday, November 4, 2024

Boys' Basketball--Coach Green; (831) 262-1613 Girls' Basketball--Coach Jackson; (831) 809-0333 Boys' Soccer--Coach Gomez; Room 716 Girls' Soccer--Coach Mendivil; (831) 210-6906 Boys' & Girls' Wrestling--Coach Weaver; (831) 682-5074

SPRING SPORTS begin Monday, February 3, 2025

Baseball--Coach Arthur Rosas–(831) 262-1273 Softball--Coach Medina–Girls' Locker Room Boys' & Girls' Swimming--Coach McCarthy; Room 797 Boys' & Girls' Track & Field--TBA Boys' Volleyball--TBA

Want to compete for the Vikings??

<u>STEP 1:</u> Create an account and REGISTER beginning May 1, 2024 at <u>www.ath222721leticclearance.com</u>

STEP 2: Upload a physical every 12 calendar months to your athleticclearance account. Your physical may not expire during the school year. **FREE** PHYSICALS at

https://www.salinasvalleyhealth.com/about-us/community-engagement/salinasvalley-health-mobile-clinic/

<u>STEP 3</u>: Take a baseline concussion test every two years (license sent from AT HOME TEST from the Athletic Director

STEP 4: Attend an Extracurricular Contract Night once in high school

STEP 5: Purchase the annual Transportation Fee (\$50)

STEP 6: Cleared by the AD to participate in official practice

To play High School Sports in the Salinas Union High School District you must have \ldots

*2.0 GPA or better for the grading period before your sport

*No more than one "F" in the grading period and at least 20 credits *No more than one "UN" in Citizenship

There is a <u>one-time</u> probationary contract that you may be eligible to sign with the AD and your parent/guardian.

Your #1 predictor of success in high school will be your involvement on campus!